



Fritz Pollard Alliance Member Resource Guide

Interview Preparation Guide

The Fritz Pollard Alliance (FPA) is committed to supporting you throughout the interview process. With this comprehensive guide, our goal is to equip you with the necessary knowledge, enhance your skills and boost your confidence, enabling you to excel in your interviews and advance your career within the NFL and beyond. We will provide you with specialized exercises for head coach and front office candidates.

Overview of Training:

- I. Mock Interview Sessions
 - A. We will conduct mock interviews and record your responses to identify the areas for improvement. Post-mock interview, we'll provide you with constructive feedback on your performance.
- II. Insights
 - A. We can help you gain a deep understanding of the team's culture and their expectations from a candidate as well as detailed profiles and backgrounds of your interviewers.
 - B. We can assist you in crafting a dedicated plan for every interview that is focused on showcasing how your unique strengths and experiences align with the team's requirements. We can explore the required skills and competencies needed for the role, ensuring you can demonstrate your fit for the position.

Head Coach Candidates Areas of Focus:

- Manage Daily Schedules
- Resolve Player-Coach Conflicts
- Manage Player-General Manager Relationships
- Manage Postgame Press Conference

Through these training sessions you will learn how to prioritize and optimize a packed schedule, resolve disputes between different key stakeholders, sharpen your skills to navigate relationships across the team, and learn how to handle challenging situations as it relates to any press-related activity.

Front Office Candidates Areas of Focus:

- Manage Head Coach-Owner Relationships
- Manage team and organizational culture
- Handle Player Announcements
- Conflict Resolution with Head Coach

Through these training sessions you will learn how to enhance a team's culture, foster an inclusive culture and support for players, have the skill to resolve disagreements with key stakeholders and manage high-stake negotiations.